



Empowering People & Culture

A Partnership based on support and awareness

Salusphere Global offers a comprehensive suite of services to help businesses foster an inclusive and supportive workplace.

Our offerings cover Mental Health First Aid (MHFA) training and support, neurodiversity initiatives, and suicide prevention programs, all designed to create healthier, more productive work environments.

Mental Health First Aid (England) Training

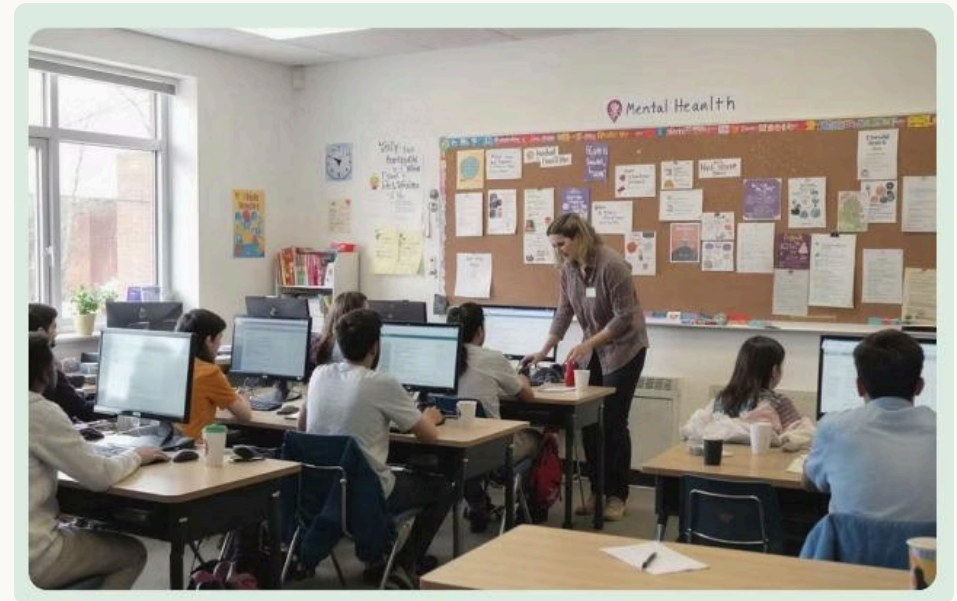


Our Mental Health First Aid training programs are designed to equip your team with the skills and knowledge needed to support colleagues experiencing mental health challenges.

MHFAider

Become a certified Mental Health First Aider through our comprehensive two-day course delivered by quality assured instructors. This internationally recognised certification equips you with the skills to identify early signs of mental ill-health and provide appropriate support to colleagues in need. The course includes engaging presentations, facilitated discussions, and practical group activities designed to build confidence in addressing mental health challenges in the workplace.

Upon completion, you'll receive an official MHFA England certificate and a detailed manual to reference in your role as a Mental Health First Aider.



Training

Our two-day course provides in-depth knowledge on recognising signs of mental health issues. You'll learn to spot the early warning signs of mental health problems, understand risk factors and triggers, and develop strategies for providing initial support and guidance toward appropriate professional help.



Interactive Learning

Engage in presentations, discussions, and group activities for practical skill development. Our experiential learning approach includes case studies, role-playing scenarios, and collaborative exercises that prepare you for real-world situations you might encounter as a Mental Health First Aider.



Ongoing Support

MHFAiders join our community of practice with access to regular refresher sessions, additional resources, and peer support networks. We provide post-course guidance to help you implement your new skills effectively in your specific workplace environment.

The MHFAider certification is recognised globally and demonstrates your organisation's commitment to creating a supportive workplace culture. Many organisations implement Mental Health First Aid as part of their broader wellbeing strategy, creating a network of trained individuals who can serve as first points of contact for colleagues experiencing mental health challenges.

Our training not only prepares participants to support others but also enhances their own mental health awareness and self-care practices. MHFAiders report increased confidence in addressing mental health conversations and greater satisfaction in being able to make a positive difference in their workplace communities.

MHFAider Refresher Course and Mental Health Champion Course

MHFAider Refresher Course

Update your knowledge every three years with the latest evidence base for mental health issues and support. Available to those who have completed an MHFA England course within the last three years.



Mental Health Champion Course

This one-day course qualifies individuals as Adult MHFA Champions, ideal for supervisors and line managers who need to understand common mental health issues and advocate for awareness.

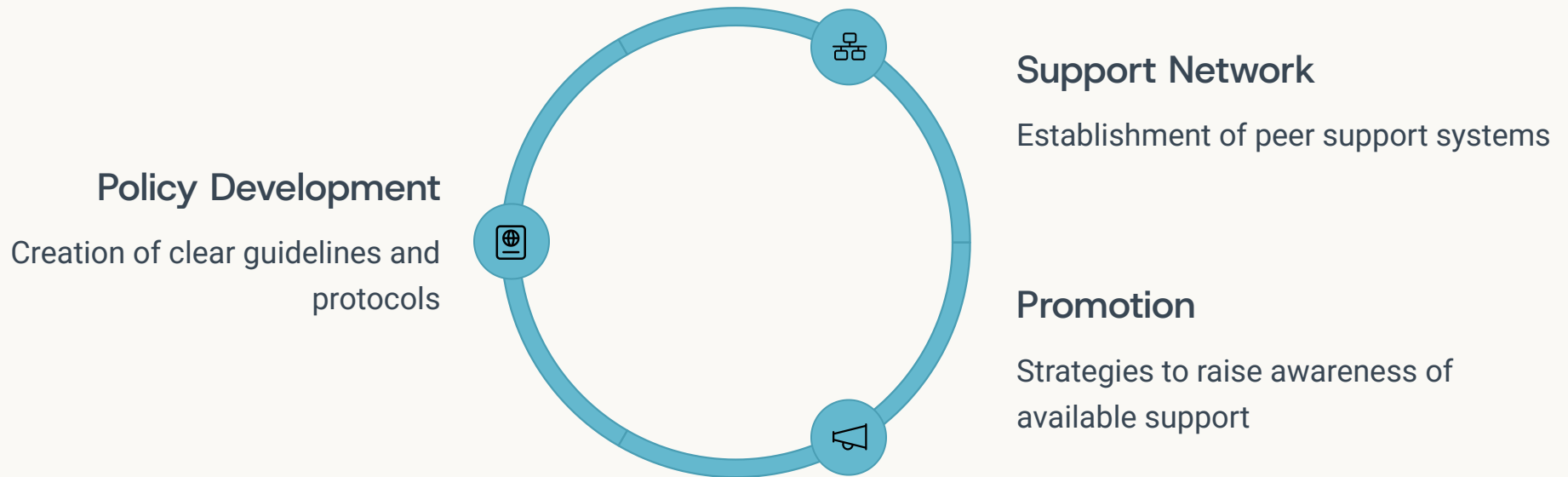


Upon completion of our MHFA training, participants receive a certificate and three years of access to online resources via the MHFAider Support App®.

Additional courses include the Mental Health Aware Adult Course and Higher Education Mental Health First Aider Course.

MHFA Implementation Support

We don't just provide training - we help you implement effective mental health support systems throughout your organisation.



Comprehensive Implementation Support

Comprehensive Implementation Support

Green Cross Global delivers all MHFA courses and provides comprehensive implementation support to ensure your mental health initiatives succeed.

Clear Policies and Guidelines

We guide organisations in developing clear policies that define the roles and responsibilities of MHFAiders within your workplace, outlining when and how they should act while maintaining confidentiality.

Robust Peer Support Networks

Our support extends to establishing robust peer support networks among your trained MHFAiders, which are crucial for sharing experiences, seeking advice, and receiving emotional support. This helps prevent burnout and ensures MHFAiders feel supported in their vital role.

Effective Recruitment and Promotion

Additionally, we offer guidance on effective strategies for recruiting employees to become MHFAiders and promoting their role within your company to raise awareness about available support.

Neurodiversity Training Options

Neurodiversity Aware

One-hour foundation webinar for up to 40 participants.

- Increases general awareness of neurodiversity
- Teaches support strategies for neurodiverse colleagues
- Helps unlock hidden potential in your workforce

Neurodiversity Champion

Four-hour workshop building on the Aware webinar.

- Empowers colleagues to become business champions
- Fosters acceptance of cognitive differences
- Drives cultural change around neurodiversity



Managing Neurodiversity

Comprehensive ½ day or one-day course for managers.



Team Relationships

Builds stronger team relationships through improved understanding of diverse thinking styles



Communication

Improves communication techniques to accommodate different processing styles



Conflict Resolution

Provides practical conflict resolution strategies for diverse teams



Strength-Based Approach

Focuses on strength-based support approaches to maximize potential



Workplace Needs Assessments for Neurodiversity

Our workplace needs assessments identify specific accommodations for neurodivergent employees to perform effectively, focusing on needs rather than diagnosis. Our assessors hold an accredited OCN Level 4 certification in Neurodiversity Workplace Needs Assessment.

Initial Contact

Establish needs and schedule assessment

Information Gathering

Pre-meeting questionnaires and data collection

Assessment Meetings

Confidential discussions with individual and manager

Report Creation

Development of tailored recommendations

Implementation

Support with adjustments and accommodations

Neurodiversity Assessment Process



Information Gathering

Pre-meeting questionnaires and initial data collection to understand specific workplace challenges and individual needs.



Confidential Discussions

Individual and manager meetings to explore challenges and identify potential solutions in a supportive environment.

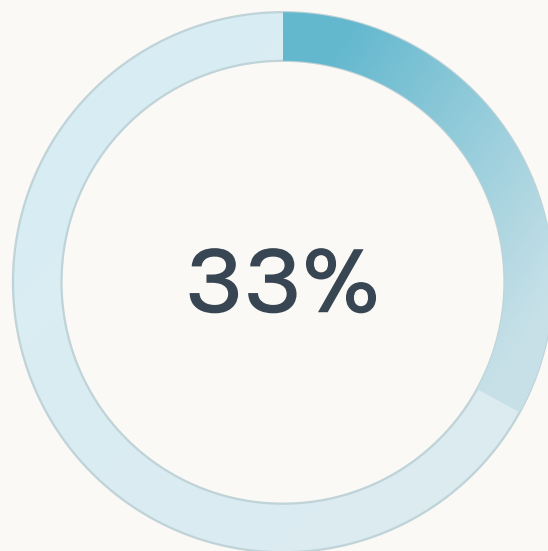


Report Delivery

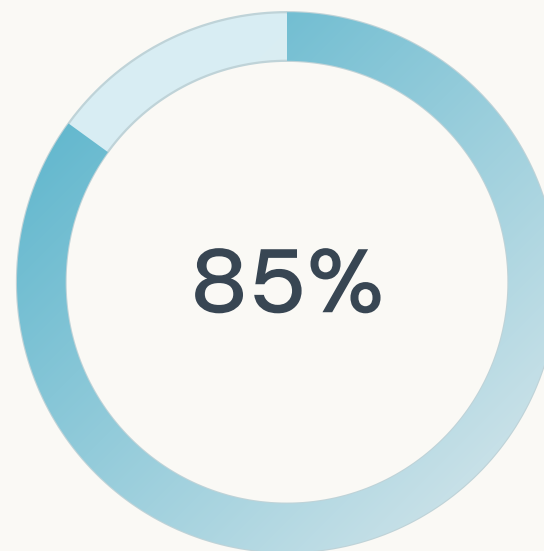
Comprehensive recommendations for adjustments tailored to individual needs and workplace requirements.

Reasonable Adjustments

Implementation of assistive technology, flexible schedules, quiet environments, and clear communication protocols.



Productivity boost



Retention rate for neurodivergent employees with proper support



Legal compliance with the Equality Act 2010

Suicide Prevention Programs

Suicide First Aid Understanding Suicide Intervention

Provides practical skills to intervene in a suicidal crisis, teaching a structured approach to recognising warning signs, engaging in supportive conversations, and connecting individuals at risk with appropriate professional help.

Suicide First Aid Lite

Aims to reduce stigma and increase understanding of suicide's complexities. Covers common myths, risk factors, and protective factors to create a more informed and compassionate environment.

Suicide Policies and Support

Assists organisations in developing robust prevention policies and support systems, including clear protocols for responding to crises and establishing pathways for ongoing employee support.

Other Inclusion Initiatives

Beyond our core offerings in Mental Health First Aid and Neurodiversity, Salusphere Global provides further initiatives designed to cultivate a truly inclusive and supportive work environment.



Managers' Wellbeing Programme

Equips managers with tools to support their own mental health and effectively support their teams. Covers stress management, resilience building, and fostering positive work-life balance.



Awareness Sessions and Webinars

Customisable sessions on various inclusion topics such as unconscious bias, inclusive communication, workplace support for carers and understanding different working styles.



Guidance in establishing ERGs and peer support networks, creating safe spaces for employees with shared characteristics to connect and advocate for their needs.

Consultancy

Our wellbeing consultancy services help you build a truly inclusive culture that supports all employees.

Workplace Wellbeing Assessment

Comprehensive surveys to identify strengths and areas for improvement in your organisation's wellbeing approach.

Tailored Recommendations

Practical strategies based on your unique workplace culture, challenges, and goals.

Implementation Support and Review

Ongoing guidance to ensure wellbeing initiatives create lasting positive change across your organisation.

Focusing on the assessment, tailored strategies, and implementation support to create lasting positive change.



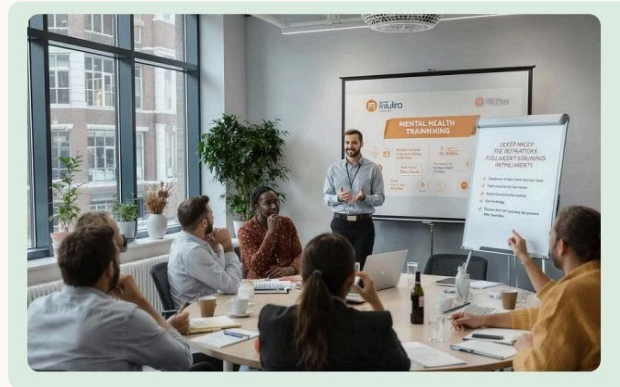
Creating Healthier Workplaces Together

Salusphere Global's comprehensive approach to workplace inclusion addresses the full spectrum of employee wellbeing needs.



Inclusive Workplace Culture

We help organisations create environments where all employees can thrive, regardless of their background or needs.



Comprehensive Training Programs

Our training programs and implementation support provide practical tools that make a measurable difference in workplace culture.



Specialised Assessments

Partner with us to transform your organisation into one that truly values and supports the diverse needs of your workforce.

Our holistic approach results in improved productivity, retention, and overall wellbeing across your entire organisation.

Connect with Salusphere Global

We are here to answer your questions and help you build a healthier, more inclusive workplace. Reach out to us through any of the following channels, and our dedicated team will be pleased to assist you.

General Enquiries

info@salusphereglobal.com

For all general questions and information regarding our range of services and bespoke solutions.

Book a Consultation

[**±03301227179**](tel:03301227179)

Speak directly with one of our expert consultants to discuss your organisation's specific needs and challenges.

