



SALUSPHERE
GLOBAL

Empowering People & Culture

Consultancy & Training Brochure



Who We Are

Company Background and Experience

The Salusphere Global team has led workplace safety and wellbeing for two decades, establishing excellence across the United Kingdom.

Our nationwide operation covers England, Scotland, Wales and Northern Ireland, delivering consistent, high-quality training regardless of your location.

Starting with a mission to transform workplace health, safety and wellbeing culture, we've expanded to offer comprehensive services while maintaining our commitment to practical learning experiences that drive organisational change.

Our team includes over 50 qualified trainers and consultants with specialist knowledge in their fields. All hold professional qualifications and receive continuous development to align with current best practices and regulations.



We serve multiple sectors including healthcare, education, manufacturing, construction, retail, and public services, applying proven principles while addressing each industry's unique challenges.

We maintain accreditations with key industry bodies including IOSH, NEBOSH, TQUK, Thrive and Mental Health First Aid England,, ensuring our programs meet the highest professional standards and UK legislative requirements.



Health & Safety Training

Health and Safety Management Solutions

Our health and safety training portfolio covers all workplace safety needs from basic awareness to advanced risk management. All programmes comply with UK legislation and can be customised for specific industries and organisations.



Workplace Risk Assessment

Training on hazard identification, risk evaluation and control measures. Participants learn systematic risk assessment documentation, dynamic risk management and monitoring protocols tailored to their work environment.



IOSH and NEBOSH Programmes

Internationally recognised qualifications including IOSH Managing Safely, Working Safely and NEBOSH General Certificate courses. These provide comprehensive health and safety principles for managers, supervisors and staff with safety responsibilities.



ISO Auditing and Accreditation

Comprehensive training for implementing and maintaining ISO 45001 Occupational Health and Safety Management Systems. Includes internal auditor training, gap analysis techniques, and guidance through the certification process to achieve international standards compliance.

Our training programmes include practical exercises, case studies and workplace scenarios to ensure learning translates to improved safety practices.

We focus on cultural change alongside technical knowledge, helping organisations embed safety into everyday operations.

Fire Safety Training

Salusphere Global delivers comprehensive regulated fire safety training programmes designed to ensure full compliance with UK regulatory requirements including the Regulatory Reform (Fire Safety) Order 2005.

Our fire safety curriculum addresses all aspects of workplace fire prevention, detection and emergency response, with options for both e-learning and hands-on practical training.



Fire Warden/Marshal Certification

This structured Level 2 RQF programme equips designated staff with the knowledge and skills to fulfil fire warden responsibilities. The curriculum covers fire prevention principles, alarm systems, evacuation procedures, extinguisher selection and use, vulnerable person considerations, and post-incident reporting. Certification is valid for three years with refresher options available.



Emergency Evacuation Training

Practical training in evacuation coordination, assembly point management, roll call procedures, and communication protocols. We can design and facilitate realistic evacuation drills tailored to your premises, including scenario variations such as blocked exits or out-of-hours emergencies. Comprehensive post-drill analysis identifies improvement opportunities.



Multi-Site Fire Safety Management

Specialised training for organisations managing fire safety across multiple locations. This programme addresses consistency challenges, centralised documentation, local authority engagement, and standardised risk assessment methodologies. Particularly valuable for retail chains, healthcare networks and distributed corporate environments.

All fire safety programmes are delivered by trainers with extensive fire service or safety professional backgrounds, bringing authentic expertise and practical insights. We regularly update content to reflect evolving best practices and legislative requirements, ensuring your organisation maintains continuous compliance with UK fire safety regulations.

Health and Safety Training



Manual Handling Training

Comprehensive instruction on proper lifting techniques and ergonomic principles. Reduces workplace injuries and meets HSE regulatory requirements for all industries.



Food Hygiene Training

Level 2 and 3 food safety certification for catering staff. Covers contamination prevention, HACCP principles, and allergen management in food preparation environments.



Evacuation Chair Training

Hands-on practice with evacuation equipment for mobility-impaired individuals. Ensures compliance with inclusive emergency evacuation requirements under the Equality Act.

All programmes delivered by experienced instructors with industry-specific expertise. Flexible scheduling options available with certification valid for three years.

First Aid Training and Certification

First Aid at Work (FAW)

Our comprehensive three-day FAW qualification covers all aspects of workplace first aid management including casualty assessment, resuscitation, trauma care, medical emergencies, and recordkeeping. Certification is valid for three years with annual refresher recommendations.

Emergency First Aid at Work (EFAW)

This one-day course focuses on essential emergency response skills for low-risk environments or as supplementary training alongside full FAW-qualified staff. Content includes primary assessment, basic life support, common workplace injuries, and emergency protocols.

Specialised First Aid Training

Targeted programmes including Paediatric First Aid for education and childcare settings, Outdoor First Aid for fieldwork environments, and Mental Health First Aid. Each programme addresses context-specific scenarios and intervention approaches.

Salusphere provides a complete range of Level 3 RQF First Aid training programmes fully compliant with Health and Safety Executive (HSE) requirements and the Health and Safety (First-Aid) Regulations 1981. Our first aid courses combine theoretical knowledge with extensive practical application, ensuring participants develop confidence alongside competence.

Our first aid training emphasises practical competence through realistic scenario-based learning. Participants spend approximately 60% of course time engaged in hands-on practice using quality training equipment including adult and infant mannequins, AED trainers, and realistic wound simulation materials.

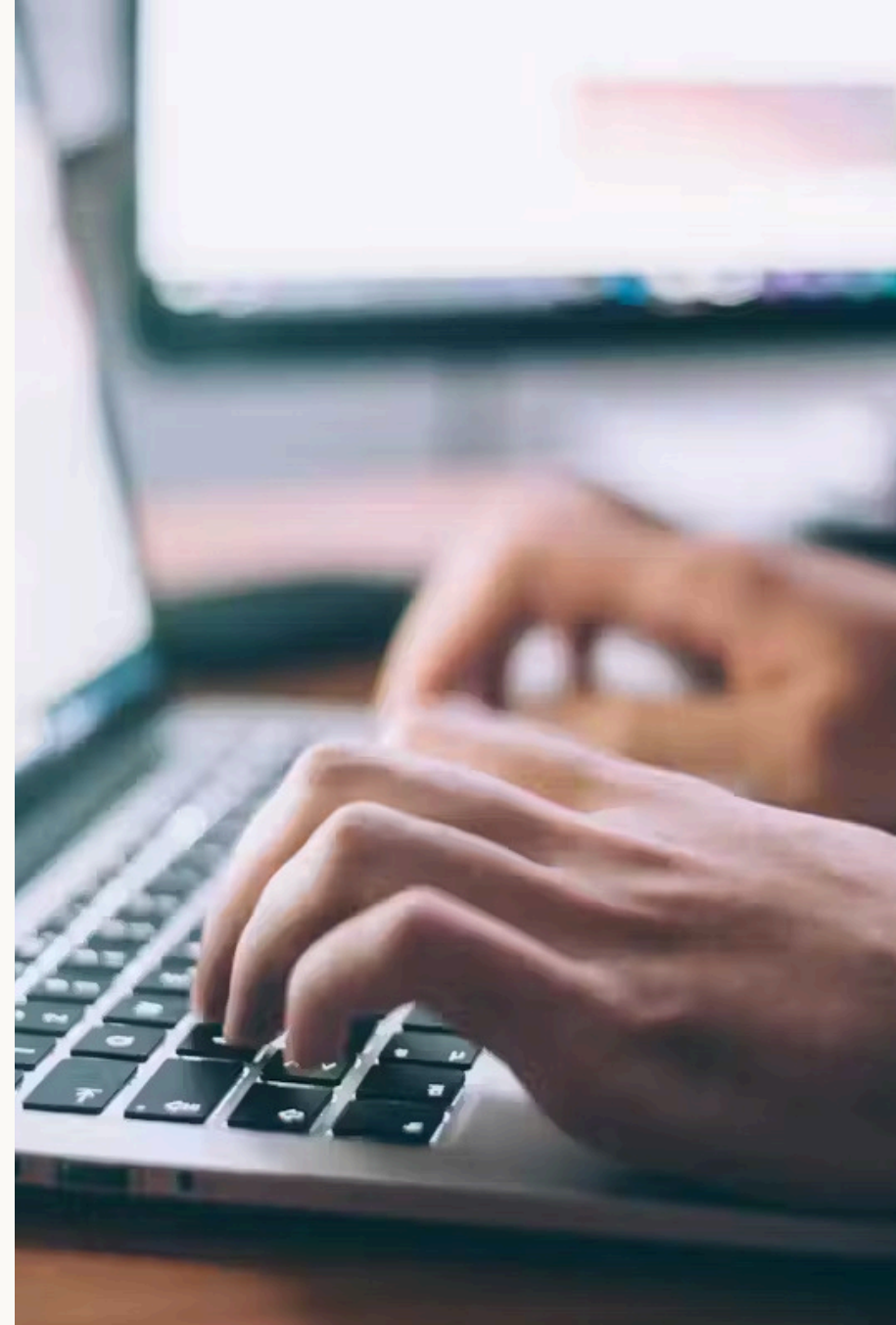
All first aid courses can be delivered at your premises or at Salusphere Global training centres across the UK.

Our flexible scheduling options include standard business hours, evening sessions, and weekend intensives to minimise operational disruption. For organisations with shift patterns, we can align delivery with your specific working arrangements.

Our first aid trainers bring extensive pre-hospital care experience from backgrounds including paramedic practice, nursing, and emergency response.

This practical expertise enriches the learning experience with authentic insights and confidence-building guidance. All trainers maintain current clinical practice to ensure teachings reflect contemporary medical guidelines.

eLearning



eLearning: Comprehensive Health, Safety and Compliance Training

Salusphere Global offers a robust eLearning platform, providing convenient and highly effective solutions for your organisation's health, safety, and compliance training needs. With an extensive catalogue of over 99 accredited courses, we empower your workforce with critical knowledge and skills through accessible, engaging, and fully trackable online modules.



Extensive Course Catalogue

Access a library of over 99 specialist courses covering a broad spectrum of health, safety, and compliance topics, from Display Screen Equipment (DSE) assessments to advanced fire safety and safeguarding. We continually update our content to reflect the latest UK legislation and best practices across various industries.



Flexible & Accessible Learning

Our user-friendly platform enables employees to complete essential training at their own pace, anytime, anywhere, on any device. This inherent flexibility minimises disruption to daily operations and effectively supports continuous professional development across both office-based and remote teams.



UK Compliance & Accreditation

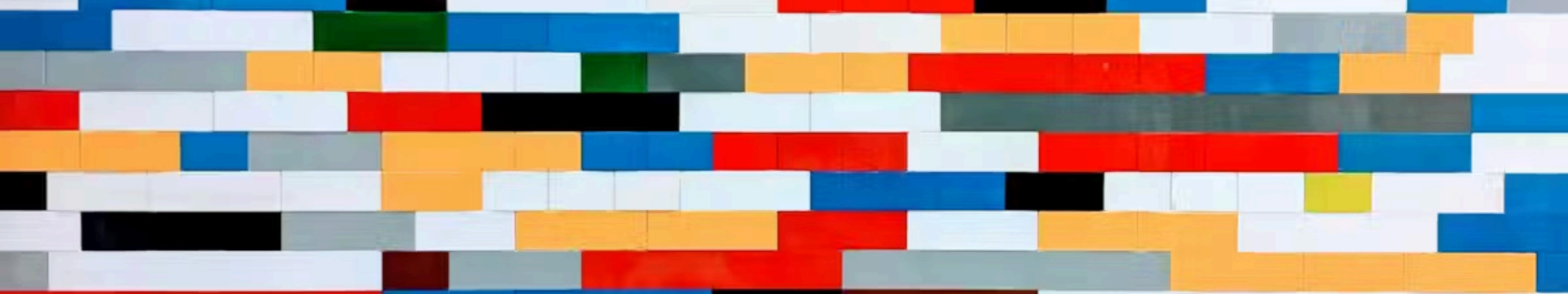
All courses are meticulously designed to meet stringent UK regulatory requirements, including those set by the Health and Safety Executive (HSE) and the Care Quality Commission (CQC) where applicable. Certificates are issued upon successful completion, providing verifiable proof of compliance for audit purposes.



Engaging & Interactive Content

Designed with contemporary adult learning principles in mind, our modules feature interactive elements, realistic real-world scenarios, and regular knowledge checks. This approach ensures high learner engagement and promotes effective retention of crucial health and safety information.

Beyond individual learning, our comprehensive eLearning platform includes advanced administrative tools. These allow managers to effortlessly assign courses, track employee progress in real-time, and generate detailed reports on completion rates and understanding. This provides invaluable oversight for maintaining a fully compliant and knowledgeable workforce, adapting to your organisation's specific needs.



Wellbeing & Inclusion

Mental Health and Wellbeing Training

Our Mental Health and Wellbeing curriculum addresses the growing recognition of psychological wellbeing as a critical workplace consideration. Our programmes combine evidence-based approaches with practical application, helping organisations create supportive environments whilst equipping individuals with valuable skills for both self-care and colleague support.



Mental Health First Aid Certification

Our MHFA England accredited courses provide comprehensive training in recognising signs of mental health challenges, providing initial support, and guiding individuals toward appropriate professional help. Available as two-day Adult MHFA or one-day MHFA Champions programmes, both providing nationally recognised certification.



Mental Health Awareness

Half-day workshops designed to build organisation-wide understanding of mental health fundamentals. Content covers common conditions, stigma reduction, supportive language, and appropriate workplace responses. Particularly valuable for creating a foundation of understanding across entire teams.



Resilience and Stress Management

Practical skills development focusing on personal resilience building, stress recognition and management techniques. Participants learn evidence-based approaches including cognitive reframing, boundary setting, and mindfulness practices applicable to both workplace and personal contexts.



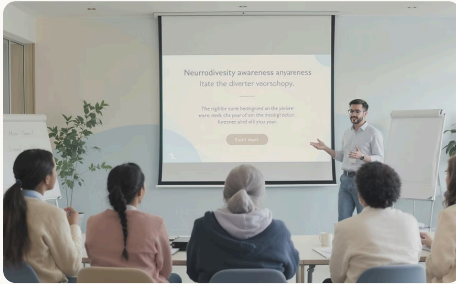
Manager Mental Health Support

Specialised training for leadership teams on creating psychologically safe environments, conducting wellbeing conversations, managing reasonable adjustments, and navigating mental health-related absence. Includes legal guidance on Equality Act implications and best practice approaches.

Our approach emphasises practical application whilst maintaining appropriate professional boundaries. We provide comprehensive resource packs including signposting information for local and national support services, enabling participants to confidently direct colleagues toward professional assistance when needed.

Neurodiversity and Workplace Inclusion

Salusphere's Neurodiversity training helps organisations understand and leverage cognitive differences, highlighting business benefits and accommodation strategies.



Neurodiversity Awareness Training

Our foundational course covers neurological processing styles, workplace challenges, and environmental adaptations for all staff levels, establishing a base for organisation-wide inclusion.



Neurodiversity Champion Training

This course develops workplace advocates who support neurodivergent colleagues, promote inclusive practices, and serve as organisational resources for practical accommodations.



Manager and HR Professional Training

Advanced training covers recruitment strategies, reasonable adjustments, performance management, and legal compliance, with policy guidance and intervention templates.



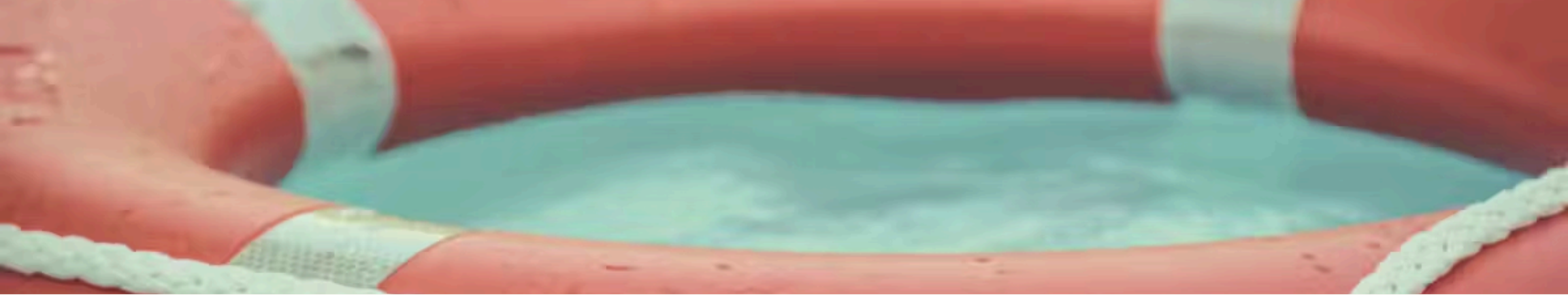
Workplace Needs Assessment

An evaluation that identifies any reasonable adjustments needed to support a neurodivergent employee.

Specialised Workshops

All programs are co-designed with neurodivergent consultants from Thrive, ensuring authentic perspectives beyond theory. Post-training support includes workplace assessment for sensory needs, documentation review, and technology recommendations to implement meaningful adaptations.

Salusphere Global helps develop Neurodiversity Networks within organisations, providing structure for employee groups that drive inclusion initiatives.



Suicide First Aid Training

Recognising the profound impact of suicide on individuals, families, and communities, Salusphere Global offers comprehensive Suicide First Aid (SFA) training programmes.

These vital courses equip participants with the knowledge, skills, and confidence to identify individuals at risk of suicide, engage in supportive conversations, and guide them towards appropriate professional help.

Our accredited SFA training is designed to empower participants to act as critical initial responders in moments of crisis, ultimately contributing to suicide prevention within workplaces and broader society.

SFA Lite: Suicide First Aid Awareness

This half-day programme is ideal for anyone seeking to enhance their understanding of suicide intervention.

Participants learn to identify common signs and indicators of suicidal thoughts, develop basic communication skills for initial engagement, and understand the importance of asking directly about suicide.

It focuses on raising awareness and reducing stigma, preparing individuals to confidently approach someone they suspect may be struggling.

SFA: Understanding Suicide Intervention

Building upon foundational awareness, this full-day course provides a more in-depth exploration of suicide intervention skills.

Participants develop advanced techniques for supportive conversation, including active listening, safety planning, and effective signposting to professional care services.

This comprehensive training enhances competence and confidence in managing more complex situations, making it highly valuable for managers, HR professionals, and designated welfare officers.

Both programmes are delivered by experienced and accredited instructors, utilising interactive and scenario-based learning to ensure practical application of skills.

Equipping your workforce with Suicide First Aid training demonstrates a profound commitment to wellbeing and creates a more supportive and resilient organisational culture.

Consultancy



Wellbeing Consultancy

At Salusphere Global, we understand that a truly effective wellbeing strategy is one that is meticulously crafted to fit the unique fabric of your organisation. Our bespoke wellbeing design service moves beyond off-the-shelf solutions, providing tailor-made programmes that resonate with your specific workplace culture, employee needs, and strategic objectives.



Custom Programme Development

We design bespoke wellbeing programmes from the ground up, ensuring every element—from workshop content to delivery format—is aligned with your organisational goals and employee demographics. This involves close collaboration to understand internal dynamics and desired outcomes.



Workplace Culture Assessment

Our experts conduct in-depth assessments of your current workplace culture, identifying strengths, areas for improvement, and potential stressors. This analysis forms the bedrock of a targeted strategy that fosters psychological safety and positive employee experiences.



Employee Wellbeing Surveys & Analysis

We implement comprehensive, confidential employee wellbeing surveys and rigorously analyse the data to uncover key insights into your workforce's health and happiness. This data-driven approach informs the design of highly relevant and impactful interventions.



Personalised Intervention Strategies

Based on our assessments and survey findings, we develop personalised intervention strategies. These can range from targeted workshops and resilience training to mental health first aid, tailored to address specific challenges and support your employees effectively.



Ongoing Support & Monitoring

Our commitment extends beyond implementation. We provide continuous support, monitoring the effectiveness of programmes through follow-up surveys, feedback mechanisms, and regular reporting. This iterative process ensures sustained improvement and maximum ROI on your wellbeing investment.

By choosing Salusphere Global for your bespoke wellbeing design, you are investing in a healthier, more engaged, and ultimately more productive workforce. Our collaborative approach ensures that your wellbeing initiatives are not just implemented, but truly embedded within your organisational ethos.

Health and Safety Consultancy

Salusphere Global offers consultancy and assessment services to identify needs, develop strategic approaches, and measure implementation effectiveness.



Health & Safety Auditing

Workplace assessments against regulatory requirements and industry best practices. Our audit methodology covers documentation, physical inspection, procedures, and culture to identify compliance gaps and improvement opportunities.



Policy Development

Expert guidance in crafting robust, compliant workplace policies aligned with regulations while reflecting your organisational culture and operational realities.



Implementation Support

Hands-on assistance translating policy into practice through training, communication planning, and monitoring. Our phased approach ensures sustainable change with measurable outcomes.



Workplace Needs Assessments

Comprehensive evaluation of workplace environments to identify potential hazards, accessibility requirements, and optimisation opportunities. Our assessments cover physical spaces, work processes, and equipment to create safer, more productive environments.



Fire Safety Assessments

Specialised evaluations of fire risks, evacuation procedures, and prevention systems. We provide detailed reports on compliance with fire regulations, emergency response readiness, and recommendations for enhanced fire safety measures.



Return on Investment Analysis

Evaluation methodologies measuring quantitative metrics (incident reduction, decreased absences) and qualitative indicators (culture shifts, engagement improvements).

We commit to measurable outcomes with defined success metrics, scheduled reviews, and continuous improvement mechanisms. This accountability ensures your investment delivers tangible benefits in compliance, culture, and wellbeing.





Fractional Support



Strategic Fractional Needs Ecosystem

Collaborative Solution Network

We unite specialists across medical, technological, and regulatory domains.

- Industry-leading expertise
- Integrated management systems
- Seamless service delivery

Subject Matter Experts

Access specialised professionals for specific workplace challenges.

- Ergonomics specialists
- Occupational health consultants
- Psychological safety advisors

Complete Integration

Eliminate fragmentation in your health and safety and wellbeing strategy.

- Cohesive solution design
- Unified implementation approach
- Tailored organisational fit

Your Complete Fractional Needs Partner

We evolve with your organisation to address all health and safety requirements.

- Long-term strategic alignment
- Adaptive service framework
- Proactive solution development



Contact Salusphere Global

Training Bookings

Speak with our training coordinators for further information.

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